



Tate High School 2025 Cross Country Schedule 4A District 1

Date	Opponent	Location	Time
Aug 2	5K Practice	Tate	7:30 AM
Aug 9	Preseason	Ft Walton	7:30 AM
Aug 16	Ft Walton Beach	Morgan Complex	7:30 AM
Aug 23	Argo 5K	UWF	7:30 AM
Aug 30	Pace Patriot	Sims MS	7:30 AM
Sep 6	Gulf Coast Stampede	Equestrian Center	7:30 AM
Sep 13	Argo Trails 5K	UWF	7:30 AM
Sep 27	Dolphin Run	Gulf Shores, AL	8:00 AM
Oct 4	TR Miller Challenge	Brewton, AL	8:30 AM
Oct 14	Aggie Invitational	Brosnaham	9:00 AM
Oct 28	EscaRosa Championship	Osceola	4:30 PM
Nov 4	FHSAA 4A-1 District Meet	Lake City	7:45 AM
Nov 14	FHSAA 4A-1 Regional Meet	Jacksonville	8:30 AM
Nov 22	FHSAA 4A State Finals	Tallahassee	TBA